

# Forever B12 Plus

## Short Summary:

This time-release formula packs a powerful punch of vitamin B12 and folic acid.

## Long Summary:

This time-release formula packs a punch of vitamin B12 and folic acid. These elements are beneficial to women wishing to conceive or who are in the first three months of pregnancy. B12 is also essential to include within vegetarian or vegan diets as it's normally obtained from animal sources.



CODE:

188

QUANTITY:

60 tablets

## Suggested Use:

Take one tablet daily, preferably with water after meals.

## Warning:

Keep out of reach of young children. Store tightly closed in a cool, dry place. Do not use if seal is broken or missing. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. If you are taking any medications or are under medical supervision, please consult a doctor or healthcare professional before use. Do not exceed the recommended daily dose.